### **Patient Exam Preparation Instructions:**

# Nuclear Cystogram



If you are pregnant, may be pregnant, or are breastfeeding, contact the University Radiology office where you are scheduled.

#### Day of Your Exam:

- Arrive at least 15 minutes prior to your test.
- You can eat normally.
- A urinary catheter will be inserted by the nurse or radiologist. Once the
  catheter is placed, the tech will fill the bladder with a saline solution and
  a small amount of radioactive material. The amount of radioactivity is
  very low, safe, and requires no special precautions after the exam
  is complete.
- During imaging you will be required to lie flat on your back, without moving.

# Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: **UniversityRadiology.com** 

# Bring your prescription, insurance card, and photo ID

They are required for this procedure.

## **Glucose Monitoring Devices**

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

### **Payment**

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

#### **PreAuthorization**

This exam may require prior authorization from your insurance provider before we can perform the study. Speak with your referring physician's office and/or insurance company to understand your coverage and reduce possible delays.

### **Questions?**

Call 800-758-5545